Did you know?

- Almost 70% of us aren't active enough.
- Being active for just 30 minutes a day makes all the difference.
- Walking is one of the best ways to keep active.
- Walking is good for your brain and your body.
- One of the most common reasons for not walking is not knowing where you can go.

What is this leaflet?

This leaflet is one of a set produced through Wokingham Borough Council.

The maps show opportunities to walk short journeys, using paths through green spaces or quieter streets where possible. Average walking times are given to help you plan your journey.



About the walks

Many of the walks follow unsurfaced paths, including the sections around Maiden Erlegh Lake, towards Brookside Surgery, and the Loddon Bridge to Maiden Place walk.

There are steps on the Loddon Bridge to Maiden Place walk and the Winnersh Triangle Station to Woodley walk.

How to find out more

These maps have been produced by Walk England and Wokingham Borough Council's Local Sustainable Transport team.

For more information or to let us know if you enjoyed these walks email wokinghamdirect@wokingham.gov.uk

For travel information and journey planning visit the My Journey website at www.myjourneywokingham.com

Find out how far you walk, discover new walks and join other Earley walkers at www.walk4life.info/groups/earley-walkers

@WalkWokingham



Earley Walks

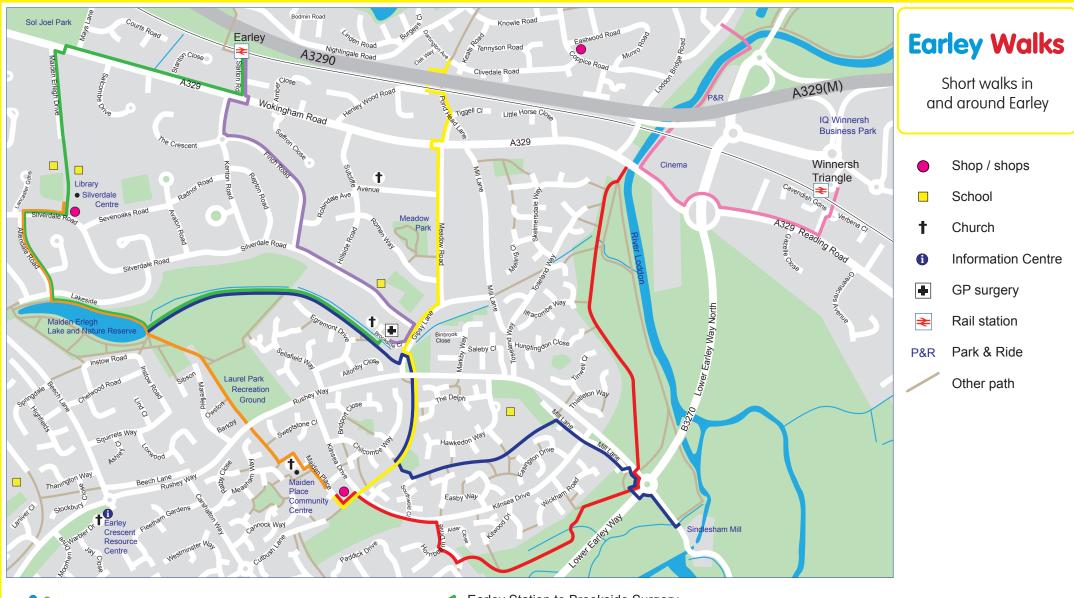
Short walks in and around Earley







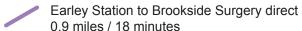






www.myjourneywokingham.com

Earley Station to Brookside Surgery 1.8 miles / 36 minutes



Maiden Place to Library 1 mile / 20 minutes

Sindlesham Mill to Maiden Erlegh Lake 1.6 miles / 32 minutes



Woodley to Maiden Place 1.2 miles / 24 minutes



Winnersh Triangle Station to Woodley 0.9 mile / 18 minutes